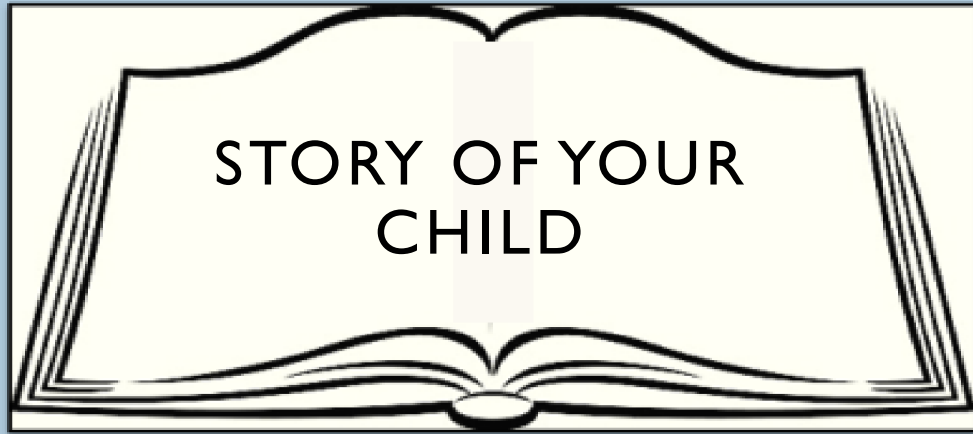




ACTIVITY: MODULE I



Write a story of your child. Focus on the important events or patterns you can see.

Writing your child's story allows you to reflect on who they are, what their life has been like, and the experiences they have had.

It may be useful to include before your child was conceived through pregnancy, birth, infancy, and up till now.

Important questions to consider:

1. Are there parts of your child's story that are difficult to write?
2. Are there things you wish were part of your child's story?
3. Who are the significant people in your child's life?
4. How has this story been communicated to your child?
5. How would you feel if this was your story?
6. Are there parts of your child's story you are particularly proud of?